

WINDMILL PRIMARY SCHOOL – Winter/Spring 2023/4

October					November					December					January					February					March				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
							1	2	3					1	1	2	3	4	5				1	2					1
					6	7	8	9	10	4	5	6	7	8	8	9	10	11	12	5	6	7	8	9	4	5	6	7	8
					13	14	15	16	17	11	12	13	14	15	15	16	17	18	19	12	13	14	15	16	11	12	13	14	15
					20	21	22	23	24	18	19	20	21	22	22	23	24	25	26	19	20	21	22	23	18	19	20	21	22
30	31				27	28	29	30		25	26	27	28	29	29	30	31			26	27	28	29		25	26	27	28	29

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 w/c Oct 30 Nov 20 Dec 11 Jan 08 Jan 29 Feb 26 Mar 18	Main Option 1	Margherita Pizza	Mild Beef Tacos with Mixed Rice	Roast Pork with Yorkshire Pudding and Gravy	Cheese and Onion Whirl	Oven Baked Breaded Fish Fillet with Tomato Ketchup
	Main Option 2	Roasted Vegetable Pizza	Macaroni Cheese	Autumn Vegetable Bake	Spanish Omelette	Vegetable Goujons with Tomato Ketchup
	Veg	New Potatoes Sweetcorn Carrots	Green Beans Carrots	Roast Potatoes Seasonal Vegetables Savoy Cabbage	Tiny Tater Tots Sweetcorn Broccoli	Chips or Pasta Peas Baked Beans
	Main Option 3	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling
	Dessert	Apple Crumble	Fruity Oat Cookie	Jelly with Fruit	Vanilla Sponge with Sprinkles	Ice Cream
Week 2 w/c Nov 06 Nov 27 Dec 18 Jan 15 Feb 05 Mar 04 Mar 25	Main Option 1	Margherita Pizza with Diced Potatoes	Chicken Fillet with Katsu Curry Sauce	Roast Chicken with Yorkshire Pudding and Gravy	Veggie Burger in a Soft Roll	Oven Baked Fish Fingers with Tomato Ketchup
	Main Option 2	Vegetarian Bolognaise	Crispy Coated Bubble Salmon	Quorn Chicken Pieces in a Yorkshire Pudding with Gravy	Vegetarian Sausage Roll	Mexican Bean Quesadilla
	Veg	Green Beans Carrots	Mixed Rice Peas Carrots	New Potatoes Seasonal Vegetables Savoy Cabbage	Jacket Wedges Coleslaw Sweetcorn	Chips or Pasta Peas Baked Beans
	Main Option 3	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling
	Dessert	Apple Flapjack	Feathered Raspberry Sponge	Jelly with Fruit	Lemon Shortbread	Iced Fruit Smoothie
Week 3 w/c Nov 13 Dec 04 Jan 22 Feb 19 Mar 11	Main Option 1	Margherita Pizza with New Potatoes	Pasta Bolognaise with Herby Bread	Oven Baked Pork Sausages with Gravy	Teriyaki Quorn with Rice	Oven Baked Breaded Fish Fillet with Tomato Ketchup
	Main Option 2	Neapolitan Tomato Pasta Bake	Sweet Potato and Vegetable Curry with Mixed Rice	Oven Baked Quorn Sausages with Gravy	Vegetable Goujons with Tiny Tater Tots	Crispy Quorn Dippers with Tomato Ketchup
	Veg	Sweetcorn Carrots	Carrots Broccoli	Roast Potatoes Seasonal Vegetables Savoy Cabbage	Sweetcorn Carrots	Chips or Pasta Peas Baked Beans
	Main Option 3	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling
	Dessert	Chocolate Cookie	Banana Flapjack	Jelly with Fruit	Marble Sponge	Ice Cream